

JUNE 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9 AM – 1 PM	2 4 – 7 PM	3 8-11 AM 11.30 – 12.45 Yoga stretches for stress relief With Dr. Ruth	4 4 – 7 PM	5 9 AM -1 PM	6 8-9 AM 1-3PM
7 11-1 PM	8 9 AM – 1 PM	9 4 – 7 PM	10 8-11 AM 11.30 – 12.45 Yoga stretches for stress relief with Dr. Ruth	11 4 – 7 PM	12 9 AM -1 PM	13 OUT OF TOWN
14 OUT OF TOWN	15 9 AM – 1 PM	16 4 – 7 PM	17 8-11 AM 11.30 – 12.45 Yoga stretches for stress relief with Dr. Ruth	18 4 – 7 PM	19 9 AM – 1 PM	20 8-9 AM 1-3PM
21 CLEAR DAY 11-1 PM	22 9 AM – 1 PM	23 4 – 7 PM	24 8-11 AM 11.30 – 12.45 Yoga stretches for stress relief with Dr. Ruth	25 4 – 7 PM	26 OUT OF TOWN	27 OUT OF TOWN
28 OUT OF TOWN	29 9 AM – 1 PM	30 4- 7 PM				